



Jumper: Airmen keep answering call

By Staff Sgt. Todd Lopez

Air Force Print News

WASHINGTON — The Air Force's top-ranked officer first donned a flight suit more than 39 years ago — before 83 percent of active-duty Airmen had even been born.

Air Force Chief of Staff Gen. John Jumper has seen a lot of changes during his time in uniform, but he said one thing remains the same — the dedication of Airmen to the job they are sworn to do.

"The thing that marked my generation in Vietnam is that we all did our duty," he said. "We answered the call, we did what our nation asked us to do and we were all very dedicated to what we were doing. If you look at this generation of Airmen we have today, it is the same thing. They are every bit as committed and patriotic as you want them to be."

Though the dedication of Airmen to their mission has

not changed over the years, General Jumper said the Air Force mission itself has changed dramatically.

"We have gone from the days (when) we were prepared to deal with Cold War dynamics — to deploy over to Europe or the Pacific and prepare for the great monolithic war against the Warsaw Pact — and made a shift into a world where you don't know what is coming next," he said.

That change in mission and focus forced the Air Force to adapt the way it does business, to develop into a force that is leaner, more flexible and more responsive. That new way of doing business, embodied in the air and space expeditionary force concept, was adopted quickly by the Air Force and has changed the Air Force in big ways.

"To be able to project our force into an AEF force, to be able to deal with contingencies on a rotational basis, to be



Courtesy photo

Gen. John Jumper, Air Force chief of staff, will retire in September.

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'We've got to change the way we do business'



Photo by Tech. Sgt. Mat Nisotis

Marine Corps Gen. James Cartwright, U.S. Strategic Command commander, visited Whiteman Monday.

STRATCOM leader talks deterrence, global warfare

By Senior Airman

Joe Lacdan

Public Affairs

The B-2 alone can't stop a terrorist, Marine Corps Gen. James Cartwright told the wing at the base theater Monday.

Rather, it will take a collective effort from each combat platform, the Strategic Command commander said to a standing-room only crowd.

The nature of the war on terror has altered the way the U.S. military fights wars, he said. The general said those changes have brought new challenges, including receiving timely solutions from the correct sources.

"What does (strategic) deterrence look like?" he said. "Is a nuclear weapon really going to stop a terrorist?"

For the nation's military to remain dominant, U.S. forces must draw from its most valuable resource: its people.

"We will not stay in this position of superpower forever," he said. "If we can't take advantage of the diversity (and intellect) that's out here, we've got no chance of staying in first



About USSTRATCOM

U.S. Strategic Command, or USSTRATCOM, is headquartered at Offutt Air Force Base, Neb. STRATCOM is one of nine U.S. unified commands under the Department of Defense.

USSTRATCOM is a global integrator charged with the missions of Space Operations; Information Operations; Integrated Missile Defense; Global Command & Control; Intelligence, Surveillance and Reconnaissance; Global Strike; and Strategic Deterrence.

Also, in January 2005, the Secretary of Defense assigned USSTRATCOM as the lead Combatant Command for integration and synchronization of DoD-wide efforts in combating weapons of mass destruction.

place."

The general said too much of the nation's military has divided itself into "tribes," or specialized sects. He said that must change.

"The idea is to combine the missions together," the general said. "No one mission is going to be able to handle the diversity of the threats we face."

"When you put the B-2 together with other capabilities — whether they be fighters, ground capabilities or space

capabilities — we've got to find ways to net them together."

Finally, he praised wing members for their efforts and said the Joint Chiefs of Staff and Secretary of Defense are watching Whiteman's contributions in the war effort.

"The contributions of this wing do not go by unnoticed," the general said.

During his three-hour visit at Whiteman, the general also received a tour of the flight line and took a B-2 simulator ride.

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Commander's Corner

By Col. Chris Miller

509th Bomb Wing commander

STRATEGIC SUCCESS. On Monday, Gen. James Cartwright, the commander of U.S. Strategic Command, visited Whiteman to see our daily mission — safeguarding and training to employ some of our nation's most powerful resources.

As he traveled around base, he was impressed with your enthusiasm and professionalism. During a meeting with more than 200 airmen in the base theater, Gen. Cartwright talked about how he is working to transform the way our nation fights wars. He said no one capability will be good enough to defeat an enemy, and that we must build layers of capability so that no matter what happens we will be prepared to succeed.

The 509th is a key part of that capability! Thanks to all who made Gen. Cartwright's visit "on-target!"

LEADERS IN THE MAKING. Wednesday was a great day for more than 180 Whiteman Airmen selected to be our newest staff sergeants. Moving from E-4 to E-5 is a big deal — when you sew on that extra stripe you become part of the noncommissioned officer corps, with greater responsibilities.

You have worked hard, proven yourself and demonstrated that you are ready to tackle tougher challenges. Congratulations!

TRAILBLAZING CHIEFS. Whiteman was honored this week to host Paul Airey, the first Chief Master Sergeant of the Air Force, and Sam Parish, the eighth Chief Master Sergeant of the Air Force. These two men helped to define the role of what it means to be a Chief and to hold the Air Force's most visible symbol of the enlisted



Photo by Airman 1st Class Lauren Padden

Sam Parish, (on left) the eighth Chief Master Sergeant of the Air Force, and Paul Airey, the first Chief Master Sergeant of the Air Force pose with some of Whiteman's newest staff sergeant selects at Mission's End Wednesday.

force. During their visit here, they had the opportunity to meet with many of our Airmen and see how we do the mission today. Next week's *Whiteman Spirit* will feature these two airpower pioneers and the contributions they made to our nation.

NEW 8th AF LEADER. Lt. Gen. Kevin Chilton, the new commander of 8th Air Force, took the guidon on Thursday. General Chilton is moving from the Assistant

Vice Chief of Staff position.

He's a broad-gauge leader and a former astronaut who flew on three space shuttle missions.

There's no doubt he will do an outstanding job of leading us and all of 8th AF, as we prepare for worldwide deployments and global combat operations. We are also saying farewell this week to Gen. Bruce Carlson, who will move on to be the commander of Air Force Material

Teamwork, training are keys to success

By Lt. Col. Thomas Bussiere

325th Expeditionary Bomb Squadron commander

ANDERSEN AIR FORCE BASE Guam —

The 325th Expeditionary Bomb Squadron has been deployed for almost three months as part of the Pacific Air Forces continued bomber rotation to Andersen Air Force Base, Guam, providing Navy Adm. William Fallon, U.S. Pacific Command Commander a continuous bomber presence in the Asia-Pacific region. This presence provides the Pacific Commander a significant capability to deter and dissuade any potential aggressor in the Pacific region, thus increasing our capability to act promptly and globally.

Andersen AFB has a proud heritage of sustaining and projecting airpower from its strategic location in the Pacific — from World War II through the Vietnam era.

Forward deploying the B-2 Spirit Bomber demonstrates the United States commitment to the Asia-Pacific region and is intended to maintain regional peace and stability by enhancing Pacific Command's force projection capability.

However, the mission doesn't happen without teamwork — while deployed, the 325th Expeditionary Bomb Squadron and other Airmen deployed from Whiteman are members of the 36th Air Expeditionary Wing at Andersen.

Every day I witness deployed Airmen from Team



Whiteman accomplishing the mission safely with focus, determination and style. I also have been very impressed with how Team Andersen has created the right environment — or spirit — in making our deployment a success.

From the base support agencies to the local community Armed Forces Committee, each and everyone has created an atmosphere that is combat mission focused.

Supporting each other is what deployed Airmen from Whiteman and Team Andersen is all about, but it is not something that can be taken for granted. Keeping the spirit alive requires constant care and nurturing — working with everyone on Andersen and the local community has been an outstanding experience and we will continue to work hard every day to champion this spirit. Together we've been able to execute what I would consider some of the best combat training missions available anywhere.

The unique training opportunities in the Pacific provide the ability to thoroughly integrate bombers into the Pacific Command's joint and coalition exercises and train with both deployed Air Force F-15E fighters and the United States Navy carrier battle groups in the Pacific region.

Working together, maintenance, operations and support Airmen from Whiteman have achieved many impressive accomplishments during this deployment.

Woven through every one of these achievements is one common trait — a rejuvenated spirit of "mutual support."

As we continue to forge ahead through our deployment overseas, I am extremely proud of both the performance of our team and the support from our families at home. The sacrifices our families are making in our absence are great, and I truly appreciate their support of our mission in the Pacific; we look forward to seeing you all soon.

As we reflect upon the tragic attacks that occurred in London recently, we must never forget that our nation is at war — fighting the ideology of terrorism will take a long time and demand all of America's determined effort.

I will never forget how our country focused and reunited in the spirit of supporting each other after the Sept. 11, 2001, attacks on America. Today, thousands of great Americans continue to support the war effort on many fronts and provide our nation with military response options both at home and abroad.

The warriors from Whiteman deployed to Andersen AFB stand proudly by your side in unwavering support of the war against terrorism. As free nations everywhere respond to the terrorist attacks on London, we stand ready to support the nation when needed — there will be many more battles in the war on terrorism — let us all continue to remain focused on the mission. One Team — One Fight!

Editorial Staff

509th Bomb Wing Commander Col. Chris Miller
Chief, Public Affairs Capt. Joe DellaVedova
OIC, Internal Information 2nd Lt. Candace Cutrufo
NCOIC Internal Information Staff Sgt. Neo Martin
Editor Senior Airman Joe Lacdan
Staff writer Airman 1st Class Jason Burton

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The deadline for article submissions to the *Whiteman Spirit* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.

For more information, call the *Whiteman Spirit* office at 687-6133, e-mail: whiteman.spirit@whiteman.af.mil, fax us at 687-7948, or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111
Whiteman AFB, Mo. 65305

184 base members selected for staff sergeant

RANDOLPH AIR FORCE BASE, Texas (AFPN) — The Air Force selected 14,614 of 36,405 eligible senior airmen for promotion to staff sergeant, a 40.14 percent rate. Of those, 184 are from Whiteman. In Air Combat Command, 4,772 were selected for a 38.61 rate. The Whiteman selection rate for 459 eligible senior airmen was 40.09.

People who tested are expected to receive their score notices by the end of August. Airmen can also get an electronic copy of their score notice by logging onto the virtual military personnel flight Web site at <http://www.afp.randolph.af.mil/>.

Whiteman's staff sergeant selects are:

Brent Flanary
Jeffrey Geiger
Brandon Holland
Brandon Innis
Christoper Long
Alejandro Lupercio
Jeremiah Madsen
Adrian Martinez
Fletcher Mothershed
Jorge Negron
Mark Owens
Jack Pyle
Antony Richardson
Carl Robertson
German Romero
Roger Rose
Corey Sherman
Justin Stier
Timothy Sullivan
Joshua Varga
James Williams
Thomas Williamson



509th Comptroller Squadron
Tiffany Prophet



509th Logistics Readiness Squadron

Dexter Brown
Hardford Carre
Dan Earley
Bradley Kecker
George Keen
Brian Leverton
Jonathan Mabie
David Morin
Brian Mueller
Jennifer Nelson
Travis Register
Troy Rupnik
Mario Salaiz
Justin Sheffield
Angilia Steinmetz
Steven Teteth

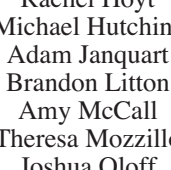


509th Maintenance Group
Shelly Bowden
Bryan Taggart



509th Maintenance Squadron

Heather Aldridge
Dale Anderson
Katrina Ball
Thomas Board
Christopher Callow
Daniel Davis
Thomas Dec
Kenneth Dotson
Eric Feiden
Jose Flores
Nicholas Fonzo
Nicholas Giordano
Steven Groesz
Matthew Hamilton
Rachel Hoyt
Michael Hutchins
Adam Janquart
Brandon Litton
Amy McCall
Theresa Mozzillo
Joshua Oloff
Jared Orientale
Joseph Parks
Kristopher Robinson
David Robles
Alex Rodriguez
James Rollins



Steven Russell
Matthew Sacilowski
Lemech Shama
Joshua Smith
Travis Smith
Joshua Turner
Priscilla Vinyard
Rosalind Walls
Joshua Wynn
Ruben Zamora



509th Maintenance Operations Squadron
Bradley Dugan
Derrick Junge
Lawrence Sink



509th Medical Operations Squadron
Jennifer Dolak
Kimberly Moffitt
Hans Umhoefer



509th Medical Support Squadron
Keith Chase
Nicole Strawhand



509th Munitions Squadron

Robert Guyton
Louis Kane
Douglas King
Stephen Lang
David Logue
Craig Meyer
Aswan Miller
Carmen Neubert
Derina Neyra
James Smith
Jennifer Stewart
Kimberley White



509th Services Squadron
Moises Alhambra
Angelo Miranda
Karissa Smith



509th Operations Support Squadron

Daniel Endris
Aaron Ford
Jared Hawxhurst
Becky Jaimes
Jeffrey Klein
Jenelee Moran
Ryan Roberson
Andrew Rockey
Albert Smith
Lemetric Wadley
Curtis Williams



509th Security Forces Squadron

Marla Bell
Mycheal Davis
Russell Dunn
Christopher Filicky
Timothy Gatherum
Brandon Geeslin
Leif Gisselberg
David Hamilton
Tomie Henson
Richard Ingram
Randi Johnson
Cory Lasseigne
Daniel Lilly
Kenneth McCoy
Tabitha Moore
Freddy Munoz
Mark Prichard
Steven Reffit
Emily Renner
Ryan Renner
Robert Rousseau
Christopher Sandefur
Timothy Schultz
Willie Taylor
Shanna West
Kyle Westendorf



72nd Test and Evaluation Squadron
Thomas Casey



ACC Training Support Squadron Detachment 12
Gricelda Rubio



325th Bomb Squadron
Joshua Buckholtz



393rd Bomb Squadron
Matthew Cost
Matthew Swank



509th Aircraft Maintenance Squadron
Keola Baclayon
Michelle Bagalawis
David Beck
Richard Brown
Anthony Carrillo
Tommy Crahan
Shea Dutcher
Jerome Fabian



509th Bomb Wing
Rene Allende



509th Civil Engineering Squadron

Marc Bakker
Joseph Baltz
Amber Brown
Stephen Burnett
Brian Collier
Kevin Coughlin
Casandra Curtis
Ayanaw Hagos
Brent Hansen
Jennifer Hinds
William Knight
Joshua Leonhart
Joseph Mrus
Matthew Perkins
Chad Schumpert
Keturah Shrieves
Pranay Singh
Keval Smith
Deanna Summers
Kenneth Westrum
Ryan Wilfong
Levi Williams



509th Communication Squadron

Anthony Clement
Brandon Dyer
Mark Grantham
Brian Hughes
Yamilet Kerezsi
Brandon Layman
Jacob Marsh
Morrel Muller
Bran Postlethwaite
Ryan Walsh

The following 22 senior airmen are staff sergeant selectees who are also projected gains to Team Whiteman.

Robert Rath, 325th BS;
Jacob Byers, 509th AMXS;
Jimmy Roberts, **Kevin Williams** and **Kevin Sinden**, 509th CES;
Mitchel Cooney, 509th CS;
Byron Wise and **David Shereda**, 509th LRS;
Douglas Daniel, 509th MOS;
Paul Anderson, **Nicholas Downey** and **Christopher Ellis**, 509th MXS;
Dianna Whitbey and **Ham Kyung**, 509th MDOS;
Ryan Rodriguez, 509th MUNS;
Christopher Dyer and **Ryan Tripp**, 509th OSS;
Jack Detrick, **John Kinsella**, **William Abell**, **Joseph Ackley** and **Saul Cardenas**, 509th SFS

News in Brief

Death announcement

Col. Chris Miller, 509th Bomb Wing Commander, regretfully announces the death of Tech. Sgt. Luke Ford, 509th Mission Support Squadron. Anyone having claims against or indebtedness to Sergeant Ford's estate should call Capt. Kathleen O'Neill, 509th MSS summary courts officer, at 687-5007.

Hydrant flushing scheduled

The Whiteman utilities office will be performing fire hydrant flushing Monday-Aug. 19. Base members may notice discoloration of potable water. Users should allow the faucet to run until the water clears and the water will be safe for human consumption. For more details, call Tech. Sgt. Jerry Alquist at 687-4259.

State Fair military appreciation Tuesday

The Missouri State Fair offers Military Appreciation Day Tuesday. Military ID card holders get free admission, family member get \$1 off admission and carnival ride wrist bands are discounted \$3. Youth 12 and younger get in free.

Parking is free. Gates open at 7:30 a.m., exhibits open at 9 a.m. and carnival rides begin at noon.

The fair ends Aug. 21 at the fairground in Sedalia. For more details, visit the Web site: <http://www.mostatefair.com>.

Video raises suicide awareness

By Airman 1st Class Kiley Olds
7th Bomb Wing Public Affairs

DYESS AIR FORCE BASE, Texas (AFP) — Creators of a video filmed here are hoping it will educate, prevent and lower the risk of suicides across Air Combat Command as well as the rest of the Air Force.

"Air Combat Command Off-Duty Survivor Stories: Suicide Choices; Terminal Consequences," is the second in a series of videos by the 436th Training Squadron's multimedia flight highlighting key Air Force issues. The video was released Aug. 10.

"The common theme (of the series) is Airmen talking about their experiences and what they went through in order to help save another's life," said Senior Master Sgt. James Jarvis, 436th TS multimedia flight superintendent and director of the video.

The video, filmed here with Dyess Airmen filling various roles, tells the story of Airman Basic Justin Dundee, a fictional Airman whose life has taken a turn for the worse after receiving an Article 15 for underage drinking and writing dishonorable

checks at the base exchange.

"It felt like my life was falling apart, and I had screwed everything up," Airman Dundee said during the video. "One by one, everything that I cared about seemed to be disappearing: my girlfriend, my career, my friends and most importantly my self-respect. I didn't care what happened to me anymore, and I didn't believe anyone else did either."

Not caring what happens to him, the video shows how Airman Dundee applies a permanent solution to a temporary problem.

The dramatization involving Airman Dundee is based on common themes that prevailed in actual Air Force and DOD-documented cases, Sergeant Jarvis said. Following Airman Dundee's story, three Airmen talk about how suicide has affected them personally.

In his Oct. 21, 2004, sight picture, Air Force Chief of Staff Gen. John P. Jumper said that 57 people were lost to suicides the previous year. He called the losses a dramatic and tragic increase from the year before.

Because Air Force suicides are ris-

ing, Sergeant Jarvis said he wanted to address the problem by creating something different than what was already available on the subject.

"We wanted to create a video production that targets (a) peer and is based on being a good wingman and saving another's life," Sergeant Jarvis said. "We didn't want to create a training video which was essentially a lecture, or (target) one particular group. Instead, we wanted to create a product that could hit home with everyone and emphasize the need for Airmen to look after one another."

After checking the current Air Force and DOD multimedia database and realizing there was not anything with a similar premise, the video found its start.

"The goal of the film is to bring an awareness of the problem of suicide and deliver a message to motivate others to be good wingmen," Sergeant Jarvis said. "This will help give Airmen the tools they need to help their fellow Airmen from taking a permanent solution to a temporary

See *AWARENESS*, Page 14

8th Air Force welcomes new command chief

By Tech. Sgt. Jeff Loftin

8th Air Force Public Affairs

(Editor's note: The following is an interview with the new Eighth Air Force Command Chief, Chief Master Sergeant Michael Sullivan.)

PA: Can you tell me a little about you're previous job?

CS: The job I just came from was the command chief of the 366 Fighter Wing at Mountain Home Air Force Base ... It had a great combat heritage and wonderful leadership.

PA: How does this job compare?

CS: The scope of responsibility here is much broader. It's a bit daunting, but exciting as well.

PA: What does being a NAF command chief mean to you?

CS: It gives me an opportunity to give back on a broader scale. When you become a chief, your whole focus is on how you can make the Air Force better for the next generation. In this capacity the challenge is you're spread very thin. But the reward is you have the opportunity to have a broader scope of influence. The frustration is, many times you have to do that in 15-second sound-bites. That's a real challenge.

PA: Where did you grow up?

CS: I grew up in a trailer park near Luke Air Force Base, Ariz., where my dad worked as a weapons loader for Lockheed Air Service after he left active duty. We're an Air Force family. My father is a retired technical sergeant. My brother is a retired master sergeant.

PA: So did you always plan an Air Force career?

CS: I actually thought I would spend my four years, get my G.I. Bill, go to college and come back as an officer.

But, plans change and I've been pleased with my choices. I had an opportunity to pursue a commission when I was about 24 years old. With the options available to me at the time I didn't think I would have as much of an opportunity to make a difference. I've never regretted the choice I made to remain in the enlisted corps.

PA: What do you consider the highlights of your career?

CS: I've had the opportunity to do a lot of different things. It meant an awful lot to me to get to work on the flight line as a crew chief like I did on C-130s in the late '70s, then KC-135s after that. I got to work as a recruiter. The fact that I got to serve with the Air National Guard is going to help me in this job.

Being an AWACS flight engineer gave me the opportunity to see what we were doing every day on CNN that evening. That was one of the most rewarding jobs I've had.

I think my favorite job, up until now, was being an Airman Leadership School flight chief at Spangdahlem Air Base, Germany. I had the unique opportunity as a master sergeant to have a hand-picked staff and a semiautonomous operation with a broad scope of responsibility. I also got to fly with the Royal Saudi Air Force where I was assigned for two years and I flew with NATO for three and a half years. So, I've got to fly combat support missions, operational missions with 16 different nations. When we use that catch phrase that has become our slogan "America's Air Force, No One Comes Close" our sister services often see that as a little arrogant. Our allies will sometimes tell you that it sounds arrogant. But, I'm a guy who has had the unique opportunity to experience it from the aspect of operating in an actual mission environment. I can tell you that it is absolutely true.

PA: What is your leadership philosophy?

CS: It's pretty simple. I expect a lot of myself and I expect a lot of the people who choose to serve in our Air Force. First and foremost, I want our troops to make conscious and proactive choices to do the right thing. When he was at Notre Dame, Irish coach Lou Holtz used to use a simple way to communicate moral expectations for his players. He's told his players "Do the right thing. Do your best. And, treat others like you'd want to be treated."

PA: Who are some of your heroes?

CS: My wife's grandfather is a hero to me. He flew B-24s in the Pacific in World War II. He had two aircraft that got shot up bad enough that they had to be scrapped at the end of his missions. He's a Purple Heart and a Distinguished Flying Cross recipient.

My father is one of my heroes. He was just a simple guy that worked his whole life to give us something better than what he had.

PA: What do you consider to be the benchmark of a

great leader?

CS: Integrity and moral courage. It's too easy to take the path of least resistance. Even though we have folks who have embraced our core values of integrity, service and excellence, it still takes moral courage to make some of those difficult decisions. General (Bruce) Carlson (8th Air Force commander) met with Rabi Resnikoff, who has been engaged by our Air Force to help us focus on morals. He used a great analogy that said when making a decision you need to ask yourself whether you're making this decision based on your rights or your responsibilities. If you're exercising your moral muscle as opposed to your rational thought process, you're probably on the right path.

PA: Tell us a little about your family.

CS: I'm blessed with the best Air Force wife in history. My wife Donna is a career GS employee. She knows the Air Force and loves it I believe as much as anyone I've worked with. I have two daughters. One is 21 and is in San Antonio going to school. Another one is 18 and came with us. She'll start school here in a few weeks. They're the joy of my life!

PA: What are your hobbies?

CS: I love sports. I love history whether it's studying it or participating in it. When I was in Europe both times I spent quite a bit of time studying World War II history and other historical facts about the area I lived in. I had the opportunity to study the Battle of the Bulge and the battlefields and the Normandy beaches. I even developed tours that I would take people on.

PA: What are your goals as NAF command chief?

CS: I hope to strengthen our NCO corps and help them develop that next generation. Each of us has a limited amount of time in our nation's service. That time needs to be spent making sure we're well prepared to meet the missions we're faced with from day to day. In most places you'll find that people are technically proficient and capable of doing the jobs we're asking them to do. Where we find people falling short on occasion is investing in developing the people who will take their place.

Our Air Force is very much a family. Strengthening the bonds that keep us together and encouraging people to take care of one another is crucial to our long term success. We are entrusted with other people's teenagers. We have to remember that every Airman we come in contact with is somebody's son or daughter and we owe them our best. We also expect their best in return.

PA: Is there anything you'd like to say to the 8th Air Force family?

CS: I couldn't be more honored to have the opportunity to contribute to this great command. Our Air Force and our nation need every one of them to guarantee the freedom we enjoy is inherited by successive generations. Personally, I'm a very tiny piece of it. I'd like my fellow chiefs to



Boating safety tips:



♦ Last year in Missouri, 321 boating accidents resulted in 174 injuries and 16 fatalities. Statistics show that eight out of 10 boating fatalities occur on boats where the operator had no boating safety education.

♦ Missouri recently passed a law that requires people born after January 1, 1984, to have taken and passed an approved boating safety course before operating a boat on Missouri lakes.

♦ The law went into effect Jan. 1, and the course is available now. For further information, visit the Missouri State Water Patrol Website at <http://www.mswp.dps.mo.gov>.

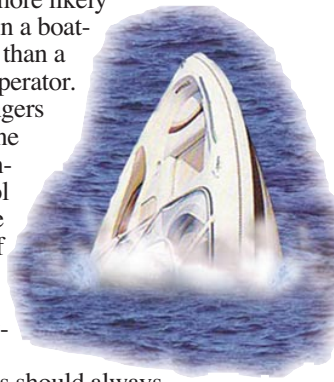
♦ Always wear a personal flotation device. Nine out of 10 drowning victims were not wearing a life jacket.

♦ Don't consume alcohol while boating. About half of Missouri's boating injuries and fatalities involve alcohol.

♦ Studies show that exposure to heat or cold, glare, vibration, noise and motion increases the effects of alcohol. Studies also show that an alcohol-impaired boat operator is 10 times more likely to be killed in a boating accident than a sober boat operator.

♦ Passengers aren't immune from the dangers. Alcohol increases the likelihood of falls and risky behavior for everyone aboard.

♦ Boaters should always be alert to dangerous weather conditions. *(Courtesy of 509th Bomb Wing Safety Office.)*



This space is reserved for advertisements

If the helmet fits



Photo by Airman 1st Class Lauren Padden

Civil Air Patrol Cadet 2nd Lt. Neil Pfau dons a life support helmet and gear during an Air Force Career Fair held at Mission's End July 28. The tour was sponsored by the Tier 2 and offered Delayed Enlistment Program recruits and members of the New Century, Kan., Civil Air Patrol Air Force Auxillary an opportunity to learn about Air Force careers and life on base.

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able to surge our AEF to deal with something like Operation Iraqi Freedom — all of these things are remarkable transitions to the kind of agility we never had when I was a young captain,” General Jumper said. “It shows us we do have the strength to change our culture and stay the best Air Force on the planet.”

That transition to a more agile and responsive force has put new demands on the Airmen who do the mission.

“We have asked all Airmen to be expeditionary Airman now,” he said. “That’s a lot different than spending your career at Holloman Air Force Base (N.M.) or MacDill AFB (Fla.). If you go to a Balad (Air Base, Iraq) or one of the airfields we have in (the U.S. Central Command area of responsibility) where Airmen are stationed today, it is a different life. Expeditionary Airmen have to be able to live in an expeditionary setting. They have to be able to defend the airfield and generate sorties or do their job in the face of mortar attacks or the face of fire, and we have to be able to fall in with the other services to do our job.”

The Air Force has even asked Airmen to

change their personal fitness to align themselves with the new role the service plays, the general said.

“The fitness program is going to make sure we have Airmen who are fit enough to walk around in the 30-pound Kevlar vest or wear a chemical suit when they have to,” General Jumper said. “We have a different outlook now.”

Airmen have changed the way they work to adapt to an Air Force that has changed its mission in response to a changed world. But one thing about Airmen remains as true today as it did when General Jumper became an Airman — their dedication to whatever mission it is they are asked to do.

“The longer you are around, you realize that every generation has more in common than they don’t have in common,” he said. “When exposed to the right kind of leadership, the right kind of motivation, and most of all, a sense of pride, this generation of Airmen is no different of any generation that has ever served.”

General Jumper is scheduled to retire in September.

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Bad weather?
Base crisis?
Squash the
RUMORS!

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T
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A
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T**

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**687-
NEWS**

Avenue alteration

The first of two construction crews are coming to mill up Houx Drive, Mace and Altus circles, and Sijan Avenue west of the 509th Medical Group hospital Wednesday. This is a \$133,938 project to repair the existing roads and place 3 inches of new asphalt and repair drainage. The crew will use an milling machine with dump trucks to haul off the millings. Due to size of equipment, all vehicles on Houx Drive, Mace and Altus Circles, and Sijan Avenue must be removed from street parking from 6:30 a.m.-7 p.m. Aug. 17-26. The equipment used in this project has several blind spots. Maintain control of small children and pets for safety. For more details, call Gary Hall, 509th Civil Engineer Squadron, at 687-6281.

Streets in **red** will be effected by the construction

Base members are reminded not to park on these streets 6:30 a.m.-7 p.m. Aug. 17-26.



Graphic by Staff Sgt. Neo Martin

No spots will be missed



Photo by Senior Airman Joe Laddan

Chief Master Sgt. Bryan Brown, 509th Munitions Squadron, hoses down a windshield during a Whiteman Top 3 car wash Friday. Members raised \$909 to help fund the upcoming Enlisted Luau and senior NCO induction ceremony.

Energy conservation vital in ACC

By 1st Lt. Jason McKernan

Air Combat Command Public Affairs

LANGLEY AIR FORCE BASE, Va. (ACCNS) — A simple act like turning off the lights when leaving a room may not seem significant. However, this and many other actions like it directly help Air Combat Command conserve energy and improve the quality of life for its people.

The command's Installations and Mission Support Directorate's, previously Air Combat Command Civil Engineering, energy program is aimed at increasing efficiency and reducing usage to ensure the command meets its 2010 Department of Defense conservation goals.

The directorate's efforts stem from Executive Order 13123, which was signed in 1999. The order's intent was to increase the efficiency of the federal government and reduce emissions from burning fossil fuels — coal, gas and oil.

The executive order created goals, which were implemented across DoD, aimed at reducing energy cost. The goal for the Air Force was to have a 35 percent decrease in usage from 1985 to 2010. Consequently, the efforts resulted in the directorate being an advocate for the environment.

ACC leads the Air Force in meeting these energy goals, according to Steven Dumont, command energy manager, the command addressed energy reduction by conserving energy in existing facilities, retrofitting more energy efficient systems and designing energy efficiency in new buildings.

ACC is 30 percent more efficient compared to 1985, but the utility bill continues to go up due to the rising cost of energy, which has increased 38 percent. Also contributing to the increase has been the command facility square footage, which has expanded 25

percent.

"Everyone who works or lives in our facilities plays a role by turning off or turning down equipment when it's not needed," said Mr. Dumont. "For many, their role may seem insignificant, but if every person in ACC saved 25 cents a day, that would reduce the command energy bill by \$10 million a year."

Energy conservation tips

- Check the level of insulation in your exterior and basement walls, ceilings, attic, floors, and crawl spaces. Contact your local contractor for advice on how to check your insulation levels.
- Check for holes or cracks around your walls, ceilings, windows, doors, light and plumbing fixtures, switches and electrical outlets that can leak air into or out of your home.
- Check for open fireplace dampers.
- Make sure your appliances and heating and cooling systems are properly maintained.
- Study your family's lighting needs and use patterns, paying special attention to high-use areas such as the living room, kitchen and exterior lighting. Look for ways to use daylighting, reduce the time the lights are on and replace incandescent bulbs and fixtures with compact fluorescent lamps (CFL's) or standard fluorescent lamps.

(Courtesy of the U.S. Department of Energy)

According to Mr. Dumont, it is important for Airmen to be aware of energy conservation. For example, many people might not think that a leaky faucet can waste up to 2,400 gallons of water a year or that dirty air filters on air conditioners waste energy.

"Most people know these things, it is just a matter of thinking about them a little more and playing your part," said Mr. Dumont.

Energy conservation not only benefits the command's utility costs, but it can also benefit all Airmen's quality of life. Energy is one of the command's must-pay bills. Funds that must be directed toward paying excessive utility bills take away funds that could otherwise be used on the mission, base housing and offices with new carpet, computers, fitness facilities, better heating, ventilation and air conditioning systems.

Base occupants are not alone in trying to conserve energy; there are several other key players involved in the process. The command and base energy managers are on the frontlines of energy conservation. They are in charge of making sure that the energy initiatives are implemented.

Facilities managers help act as watchdogs to make sure that systems are running efficiently and correctly. Acting together, these people contribute toward increasing the effectiveness of energy programs.

New technology is also allowing the command to increase its efficiency. For example, the directorate recently completed an energy efficiency upgrade in one of their buildings at Langley. The lights were retrofitted with high efficiency lamps and ballasts.

"Those lights now consume half the electricity than before and the quality of the lighting has improved as well," said Mr. Dumont.

There are also new technologies that improve the quality of the work environment.

In the past the temperature in the rooms could not be kept at a consistent level. The heating and cooling systems were renovated and every room now has a better working environment.

Dealing with conflict may help prevent domestic violence

By Chaplain (Col.) Tom Schenk

22nd Air Refueling Wing

MCCONNELL AIR FORCE BASE, Kan. (AFPN) —

Domestic violence is a continuing plague in homes across America. Unfortunately, Air Force homes are not immune. There is some indication that domestic violence is increasing among our Airmen. Undoubtedly, the stress of numerous deployments has fueled the increase. That need not be the case, however.

Sacred scripture states that arguing, especially arguing that descends into violence, reflects immaturity. Immature people lack a proper understanding of conflict. Therefore, they mishandle it, leading to arguing, fighting and even violence.

As one who has argued more than I should in my 31 years of marriage, I have found sacred scripture to be "right on." I argue with my spouse not because of conflict, but because of my immaturity. How does a mature person understand and handle conflict?

First, he or she expects conflict. The Creator has designed spouses differently, beginning with gender. Beyond gender, however, internal wiring — our gifts and abilities, our passions, our personalities, our life experiences — are different.

One is foolish to think that two very different people can live closely together without conflict. Conflict descends into arguing and violence when one is surprised and unprepared for it. Mature people are never surprised by conflict. They expect it.

Second, a mature person respects conflict. While marriage is full of delight, it is also full of danger. Part of the danger is conflict. If you are unprepared and untrained for conflict, it will erupt into arguing and violence, blowing up your relationship.

No one would do convoy duty in Iraq without proper training to deal with improvised explosive devices. To do so would be foolish. In the same vein, to drive down the road of marriage without conflict training is just as foolish. Mature people expect and respect conflict, so they make sure they are trained to defuse it.

Third, a mature person appreciates conflict. Unlike a roadside IED, there is a good side to conflict. Both men and women crave intimacy. They want to love and be loved, to honor and be honored, to know and be known — not on a surface level, but down deep, to the core of their being. Mature people understand that you cannot achieve this kind of intimacy without conflict. Conflict is the price to be paid to become intimate with another person.

When I reveal my deepest self to my wife, she will be surprised and shocked by what she sees in me, and vice versa. Sometimes the shock comes because what we see is "bad." But most often we are shocked because it is just different.

Mature people are willing to shock and be shocked in order to be close. To avoid conflict is to avoid intimacy. Mature people appreciate conflict, because conflict is the pathway to drawing close to one's spouse.

Finally, a mature person utilizes conflict. While respecting its dangers, the mature person appreciates its benefits. Therefore, the mature person utilizes conflict to improve his or her marriage. He or she does so by learning to handle conflict in such a way that it doesn't blow up, but rather builds up the marriage.

Proper handling of conflict begins with communication. The mature person doesn't shout to be heard, but becomes silent to hear. The mature person seeks first to understand before trying to be understood. The mature person doesn't argue a case, but rather seeks a connection.

Conflict invites DV into your home. If mishandled, it invites domestic violence, inflicting hurt on all involved. Properly handled, however, it becomes a distinguished visitor that brings a new intimacy into your marriage. Your maturity determines which DV will visit your house. How mature are you?



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What We Believe

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- **Mission:** To defend the United States and protect its interests through air and space power
- **Core Values:** Integrity First, Service Before Self and Excellence in All We Do
- **Core Competencies:** Developing Airmen, Technology-to-Warfighting and Integrating Operations
- **Distinctive Capabilities:** Aerospace Superiority, Global Attack, Rapid Global Mobility, Precision Engagement, Information Superiority, Agile Combat Support

This fact sheet was prepared by Secretary of the Air Force, Office of Public Affairs SAF/PAX (Strategic Communication) (703) 697-6715.

Key Leaders

- **Pete. Geren** — Acting Secretary of the Air Force
- **Gen. John P. Jumper** — Chief of Staff
- **Gen. T. Michael Moseley** — Vice Chief of Staff
- **Chief Master Sergeant Gerald Murray** — Chief Master Sergeant of the Air Force

Air Force Basics

- **Established:** Sept. 18, 1947
- **Active Duty Strength:** 354,041
- **Total Force Strength:** 678,873 (Active Duty, Guard, Reserve and civilians)
- **Budget (Fiscal Year):** \$96.7 billion
- **Bases:** 84 major installations, 82 minor installations
- **Aircraft in Total Force Inventory:** 6,066
- **Career Specialties:** 118 officer and 142 enlisted

Whiteman members to offer honorary pilots opportunity

By Capt. Greg Tolmoff
509th Bomb Wing

The original Pilot for a Day program began in December of 1994, organized by Capt. Rory Blackburn at Randolph Air Force Base, Texas. The concept has since spread to several bases across the country. The program focuses on children who have serious or chronic conditions that have robbed some of the joy of their childhood.

The 509th Bomb Wing Pilot for a Day program, which takes place Sept. 1, invites special needs people of all ages to be a guest of the wing and one of its three flying squadrons for an entire day. In so doing, we strive to give each guest a special day and a break from whatever challenges they face.

The day begins with a brief ceremony, after which the participant is an official honorary pilot. A host pilot serves as the guest's wingman for the day, answering questions and ensuring our guest has a day to remember.

The tour proceeds to one of the flying squadrons,

where our guest is fitted with a flight suit, complete with nametag and patches, and tries on the flight equipment used by Air Force pilots. Once they are suited up, they get to visit with their own B-2 and sit in a cockpit for an orientation by their host pilot.

Lunch at the Mission's End Officer's Club with the wing commander or vice wing commander makes the day extra special. They get to talk about the Air Force, their day and how they like being a pilot. Finally, the day is completed with a presentation at the base theatre, when the "wingman" gives the Pilot for a Day a couple of presents from the squadron.

Upon completion, each guest leaves with patches, souvenirs and memories to help sustain them in the face of their personal challenges.

Each guest receives a unique tour of Whiteman and they each have their favorite part of the day. Sometimes it's having their name on the jet, most of the time its flying the simulator, but everyone agrees for a day they were a pilot stationed at Whiteman.

The men and women of the 509th BW are proud to offer this program, and greatly enjoy the company of the children who come to visit us.

If you know of a special needs person who could benefit from this program, please call Capt. Greg Tolmoff or the 509th BW Public Affairs office at 660-687-6124.

Itinerary for Sept. 1 Pilot for a Day

8:30-8:45 a.m.
8:45-9 a.m. — Meet family at visitor's center
9-9:45 a.m. — Transit
9:45-10 a.m. — 394th Combat Training Squadron
10-10:45 a.m. — Welcome brief/ life support fitting
10:45-11:20 a.m. — Static Display B-2
11-11:20 a.m. — Tower Tour
11:20-11:30 a.m. — Transit
11:30 a.m.- noon — To A-10/T-38 Static
12:10-1 p.m. — Static Display – A-10/T-38
1:15-1:30 p.m. — Lunch at Officers' Club
1:45-2 p.m. — Apache static
2:10-3:45 p.m. — Military working dogs demo
4- 4:15 p.m. — Simulator tour
Base theatre for officer's call
present pictures and souvenirs



America's Air Force — No one comes close



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Senior Airman Geoffrey Gagnon
509th Communications Squadron

Senior Airman Geoffrey Gagnon, 509th Communications Squadron, received the Whiteman Spirit Award from Col. Chris Miller, 509th Bomb Wing commander, Monday.

Staff Sgt. Neo Martin nominated Airman Gagnon for the award.

“Airman Gagnon went above and beyond the call of duty in exemplifying our core value of excellence in all we do.

“On a short week, encroaching deadlines are all too common for the *Whiteman Spirit* newspaper staff. While trying to gain permission and information for a critical newspaper element, I hit a road block. I was unable to get in touch with the person from whom I needed information,” Sergeant Martin said.

“When I called the shop of the individual with the information I needed, Airman Gagnon said he left a message with the point of contact, but they would be out of the office for an unknown amount of time working on a high-priority project,” Sergeant Martin said. “Airman Gagnon, without any prompting, called the POC on his other phone while I was on the line. After being unable to contact the POC, Airman Gagnon tracked down the number of the person the POC was with, and talked with him to get the information I needed on the spot.”

Without Airman Gagnon’s quick action, the base newspaper would have blown deadline. “His willingness to help get the information, remove a roadblock for an Airman he didn’t know and do a job beyond his scope truly shows the Whiteman Spirit,” Sergeant Martin said.

Personally Speaking

Time on station: 2 years

Time in service: 2 years 3 months

Hometown: Wauchula, Fla.

Hobbies: Gardening

Goals: To be pleased with my life when I look over it as an old man.

Best thing about Whiteman: The stealth bomber

Pet Peeves: The shoppette isn’t open when I work night shift. If I forget to bring lunch I have to go without or drive to Warrensburg.

What motivates your winning spirit? The Air Force is shrinking and I plan to do this gig for a long time. I try to be nice to everyone because you are going to run into many people again and you may need their help.

If you could change one thing about Whiteman what would it be? When the running track is compleeted, and has a soft surface, running long distance won’t be so harsh. I’d like a 24 hour shoppette though.

Submitting a Whiteman Spirit Award

Individuals are nominated from within their units or by customers impressed by the individual making Whiteman a better place to live and work by going far beyond his or her assigned duties to “make it happen.”

If you know someone who has the Whiteman Spirit, send the nomination to the 509th Bomb Wing Public Affairs Office, Bldg. 509, Suite 111, or e-mail whiteman.spirit@whiteman.af.mil.

AWARENESS, from Page 4

problem.”

According to the 2005 U.S. Air Force Posture Statement, because of the increased suicide rate among Airmen, “All Airmen have a responsibility to get involved, pay attention and ensure the health and well-being of their wingman. It’s not a program, it’s a mindset, a cultural shift designed to take better care of our most valuable resource — our people.”

Keeping in line with the posture statement, its message is summed up at the end of the video’s first segment by Airman Dundee: “So where will you be when it counts? In the background, hoping your co-worker or friend won’t actually hurt themselves, or on the frontline of defending their lives? What kind of wingman and friend do you plan to be?”

The first video in the video series is “Motorcycle Mishaps.” Like “Suicide Choices,” the video features three Airmen telling their stories about motorcycle

survival to increase awareness of wearing proper safety equipment and exercising good judgment while riding a motorcycle.

Both productions are available to any DOD person and can be obtained through the Joint Visual Information Services Distribution Activity in either DVD or VHS format.

To order either production, Airmen can visit <http://dodimagery.afis.osd.mil/davis/> or submit a fax request to DSN 795-6106.

When sending a fax, Airmen must include the production’s PIN number, title of requested production, choice of DVD or VHS and number of required copies. The PIN number for “Suicide Choices” is 614503, and “Motorcycle Mishaps” is 614351.

Copies of the productions are free when mailed to an official military address and should be received within two to three weeks.

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What's Happening

Education

For more details, visit the education center Web site at <https://wwwmil.whiteman.af.mil/509mss/educ/homepage.htm>

CCAF orientation briefing

There will be a Community College of the Air Force orientation briefing held 8:30-10:30 a.m. Tuesday at the training and education services Bldg. 145, Room 20.

If you would like to learn more about the CCAF degree and what it can do for your career, find out what the requirements are and how you can complete them, and receive an individual evaluation of your current degree progress, call 687-5753.

DANTES certification available

The Defense Activity for Non-Traditional Education Support is continuing to offer a fully-funded pilot testing program providing free Microsoft certification tests to eligible service members (one test per individual).

JASZ Technology has contracted with DANTES to manage the application and voucher process providing members with access to the certification test.

Approximately 500 vouchers remain, and will be issued on a first-come, first-served basis. For more information, visit <http://www.dantes.doded.mil> and look under "Certification Programs," or call Larry Broudrick at 687-2420.

Community

Singles mingle Sundays

Singles can meet at 6 p.m. Sundays for the chapel-sponsored Singles in the Sun event. Attendees meet at the gazebo behind the dormitories. For more details, call 687-3652.

Volleyball players needed

Women's Base Volleyball Team looking for dedicated and competitive players. Try-outs are 10 a.m. - noon Aug. 20 at base gym. For more details, call Tech. Sgt. Ver-Nessa Stoudermire at 687-3355.

AF ball tickets go on sale

Tickets for the 2005 Whiteman Air Force Ball go on sale Monday. The event takes place 6 p.m. Sept. 17 in the 442nd 5-bay hangar. For tickets contact your first sergeant.

Family Support

Call 687-7132 for more details on these family support center activities. Events take place at the FSC.

Pre-separation briefing set

A pre-separation briefing for people separating from the military begins at 9 a.m. Monday.

Representatives from the military personnel flight, family support center, Air Force Reserve and finance will provide information.

The MPF separations and retirements office schedules members for this briefing. For more details, call 687-1500 or 687-6720.

WIC representative visits base

A WIC representative is available beginning at 8:30 a.m. Tuesday and Thursday.

WIC includes nutrition education, health promotion and a supplemental food program to help women, infants and children who have nutritional needs. For more details, call the WIC office in Warrensburg at 660-747-2012.

Class helps with move

A mandatory stateside smooth move seminar for people planning to move stateside in the near future begins at 1 p.m. Thursday.

Facilitators will discuss the financial benefits associated with moving and provide a variety of useful resources. Permanent change-of-station orders are not necessary. Spouses are encouraged to attend. Reservations are required.

Pre-deployment briefing set

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend.

Call AADD Toll FREE



Airman Against Drunk Driving has a new toll free number — 888-516-0013. The local number, 687-7433 (RIDE), is still in use. AADD encourages members to drink responsibly and have a plan. If you are interested in joining AADD, please contact 2nd. Lt. Mary Olsen at 687-6121.

Drinking and driving don't mix

**Call - 1-888-516-0013
or 687-RIDE for AADD**

Runners take on the 20K



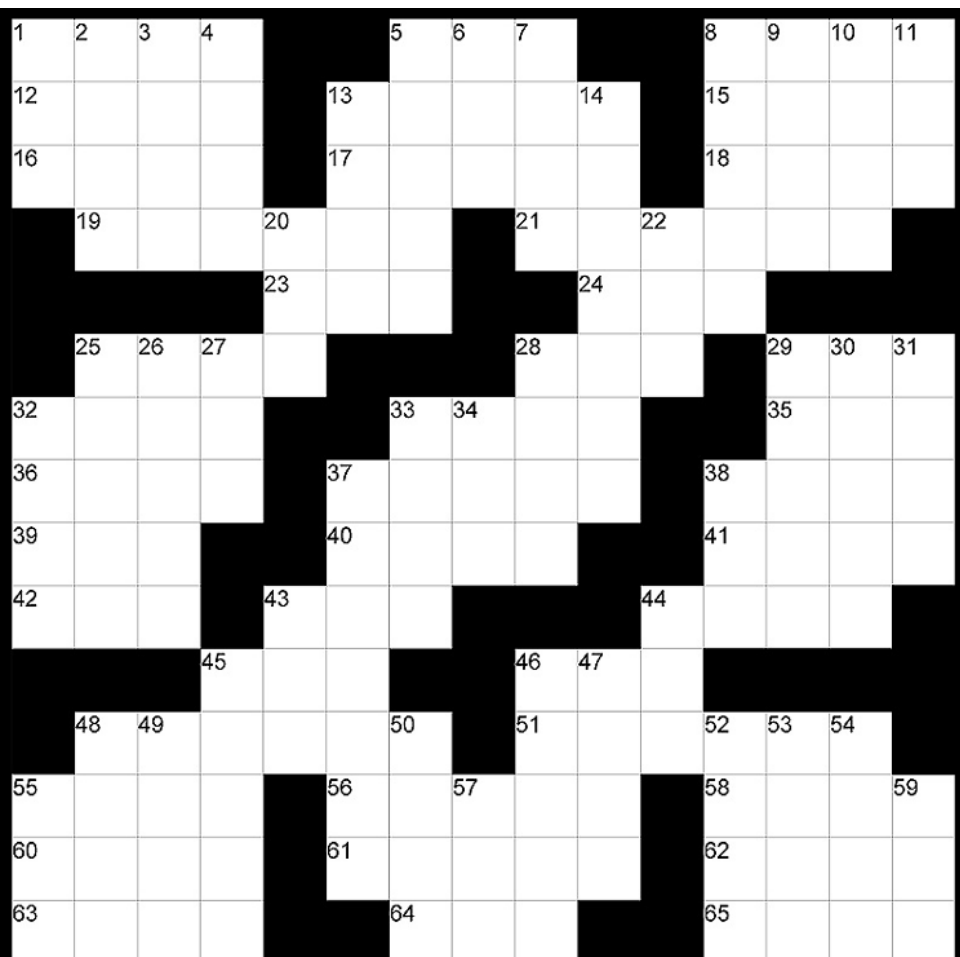
Above: Michael Myers, 509th Maintenance Operations Squadron, picks up some water during Monday's 20K run at Royal Oaks Golf Course.



Photos by Airman 1st Class Lauren Padden

Top: Beth Robinson, 509th Logistics Readiness Squadron and Darice Kiefer, 509th Maintenance Squadron, cross the finish line as Richard Bodine, 509th Services Squadron, calls out their time. **Above:** Todd Berge, 509th Security Forces Squadron, gets his number from Loren VanPelt, 509th Services Squadron. Robinson and Kiefer each finished the 20k race at 2 hours, 3 minutes and 46 seconds. More than 100 runners participated in the race, including 15 teams and five individuals. The team of Bart Oaks, Matt Brechwald, 509th BW, Berge, David Hunter, Det. 12 Air Combat Command, took first at 1:37:17. Mark McCrady, 509th Communications Squadron, was the first individual to cross the finish at 1:54:51.

Puzzle of the week: Air Force pioneers of the 1940s



ACROSS

1. Young men
5. Sinister
8. Affirm
12. Fit to ____; perfect
13. 23 ACROSS city
15. Store event
16. Survey
17. *Fear of Flying* writer Jong
18. Object surface
19. USAF hero Maj. Alston Glenn ____; USAAF band leader in WWII
21. Greek capital
23. NW state
24. Bungalow
25. Excited
28. Alcoholic beverage
29. Scientist's work area
32. Disney Sci-Fi movie
33. Bunny
35. Self-importance
36. Zeus' spouse
37. USAF hero Lt. Gen. Benjamin O. ____; first AF African-American general
38. USAF pioneer Gen. ____ Spaatz; first CSAF in 1947
39. School subj.
40. Actor Ladd
41. Thought
42. 40s siren ____ West
43. Health org.
44. Clamp

45. ... --- ...

46. Grocery-store giant
48. USAF pioneer/WWII ace Charles ____; first to break sound barrier
51. USAF pioneer Lt. Gen. William ____; Operation Vittles commander
55. South American country
56. USAF pioneer Gen. Curtis ____; SAC founder
58. Indian nursemaid
60. British school
61. Cruises the seas
62. Video game manufacturer
63. Leaning tower town
64. USAF hero Col. George ____; Medal of Honor recipient
65. Mil. quick

DOWN

1. Track run
2. Molecule
3. Sandwich shop
4. Peddle
5. Wilkes-____, P.A.
6. The Greatest boxer
7. Mil. commissary org.
8. Benefit
9. Boastful
10. USAF hero Brig. Gen. Robin ____; rated triple ace
11. Tiny
13. Oracle

14. USAF hero Sgt. Archibald ____; WWII Medal of Honor recipient
20. Timber
22. Barbarian
25. Stadium
26. Devour
27. *Cat ____ Hot Tin Roof*
28. Smile
29. Clues
30. Consent
31. South American rope with weights attached
32. 1954 James Whitmore B-movie
33. Angel's headgear
34. Actress Gardner
37. Maidens
38. 102 to Cicero
43. Pig
44. Vehicle type
45. Roman bath
46. Axis power
47. ____ and Dolls
48. Abominable snowman
49. Greek god of love
50. Browse
52. Fed. space org.
53. For Your ____ Only
54. Hindu music type
55. Zest
57. Mil. duty status, possibly
59. USAF pioneer Henry "____" Arnold; only Gen. of the Air Force



Services Page editor.....Poppy Artherton
509th Services Squadron.....687-7929
*No federal endorsement of mentioned sponsors intended.

Sports & Recreation

Outdoor Recreation 687-5565

Family horseback adventure

Join outdoor recreation for a weekend at the Buck and Spurs Guest Ranch in Ava, Mo., 9:30 a.m. Aug. 27-3:30 p.m. Aug. 28. The trip includes horseback riding, arrow-head hunting, a visit to a civil war fort, swimming, fishing and campfires. Children must be over 7 to take part. The \$100 per person cost covers transportation, lodging, horseback riding, dinner on Aug. 27 and breakfast on Aug. 28. Extra money will be needed for snacks. Sign up at outdoor recreation by Sunday.

Katy Trail ride

Make the most of the rest of summer with a 33-mile bike ride along the Katy Trail from Windsor, Mo. to Clifton City, Mo. The trip departs at 8 a.m. Aug. 20 from outdoor recreation. Participants should bring their bike, helmet, puncture repair kit, plenty of water and lunch.

New pool hours

The final adult evening swim of the season is Thursday, lap swim ends Aug. 19. From Aug. 21 recreational swimming hours are 12-6 p.m. Saturday and Sunday and 4-8 p.m. Monday-Friday. The pool closes Sept. 5.

Fitness Center 687-5496

Dodgeball tournament

Take part in the annual Whiteman dodgeball tournament, 11a.m.-1 p.m. Tuesday-Aug. 19 in the eagle gym at the fitness center. Teams of six should sign up by Saturday at the fitness center.

Coming soon, equipment orientation

Learn proper use of the cardio and selectorized weight equipment at the fitness center. Call the fitness center for more information.

Tickets and Travel 687-5643

Kansas City Chiefs ticket lottery

The annual ticket lottery will take place at 4:30 p.m. Wednesday. at Mission's End. The tickets cost \$75. Sign up at outdoor recreation by noon Tuesday.

Kansas City Renaissance Festival

The annual renaissance festival begins Labor Day weekend in Booner Springs, Kan. Tickets will be available soon from the tickets and travel office.

Food & Fun

Mission's End 687-4422

Monthly club coin special

This month's club coin special is a pitcher of Budweiser*, Budweiser Light* or Miller Light* for just \$4 when purchased between 4-8 p.m. and a club coin is shown. To purchase a coin speak to a Mission's End staff member.

Karaoke

The next karaoke night will be held 9 p.m.-1 a.m. Aug. 19. Free for club members.

Stars and Strikes 687-5114

King and queen tournament

A couples tournament will take place from 12:30 p.m. Saturday at the newly refurbished Stars and Strikes. The cost is \$24 per couple.

Royal Oaks 687-5573

Club house grand opening

The club house will be officially opened at 10 a.m. Monday. The celebrations will last all day with games and competitions such as longest drive, hit the commander, junior putt-putt and putting accuracy. The steakhouse will open to the public Aug. 26.

There will be great prizes for all the competitions supplied by Wal-Mart Sedalia*, and Lee's Summit,* Sears Warrensburg,* Speedway Chevrolet,* First Community Bank,* Cheezteak Company,* Worlds of Fun,* University 8 Cinema,* Dairy Queen, Warrensburg,* Sonic, Knob Noster,* Bent and Dent Body Shop,* Bi-Low Country Mart,* USAA,* Rod's Hallmark Shop,* Family video, Warrensburg*, B and D Transmission,* Parkers,* Key Realty,* Bass Pro shop,* C & M Automotive* and the BX.*



Movie Schedule

Friday
Rebound 7 p.m. PG
Starring-Martin Lawrence and Wendy Raquel

Saturday
Dark Water 7 p.m. PG-13
Starring-Jennifer Connelly and John C. Reilly

Sunday
Dark Water 5:30 p.m. PG-13
Starring- Jennifer Connelly and John C. Reilly

Adults: \$3.50 Children: \$1.75
Movie Recording Line: 687-5110

Movies subject to change due to availability.
For current and future movie listings log on to
<http://www.aafes.com/ems/conus/whiteman.htm>.

Royal Oaks Club House opening times

Every day 7 a.m.- dusk

Duffer's Grill

Every day 7 a.m.- one hour before dusk

Steakhouse

Open to the public Aug. 26.

Community Activities

Arts and Crafts Center 687-5691

Creative circles meeting

The next creative circles meeting will be held at 10 a.m. Aug. 20 at the arts and crafts center. Members can bring along a sample of their craft to share ideas with the group. New members are always accepted.

Summer sale

The arts and crafts center is having a huge end of season sale of selected shop merchandise. Come and browse the bargains all month.

Teen Center 687-5819

Back to school bash

A teens-only event is planned for 7-10 p.m. Aug. 19 at the teen center. There will be movies, basketball, board games, karaoke and many other activities. The cost is \$5.

Youth Center 687-5586

Fall soccer registration

Youths interested in playing soccer with the youth center must hand in a completed registration pack by Monday. Packs are available from the youth center 6:30 a.m.-6 p.m. Monday-Friday. Completed packs will be accepted 7 a.m.-1 p.m. today and noon-8 p.m. Monday. The cost is \$30 for members and \$38 for nonmembers. Practices start late August and games begin in September. Call the youth center for further information.

Community Center 687-5617

Let go of my Legos!

Lego fans, ages 5-12, can use their imagination to create a Lego masterpiece. The event takes place 12:30-2 p.m. Aug. 20 at the community center. Prizes will be given out for first, second and third place and each participant will receive a gift. Children can bring their own Legos or they can use supplies at the community center.

Madden video challenge

There will be a Madden video challenge competition for players over 16 2 p.m. Aug. 27 at the community center. The cost is \$2 and prizes will be awarded to the top three players.

Family Child Care 687-1180

Extended duty care

Register now for for the extended duty care program. It is available to help parents meet child care requirements for extra duty hours and child care emergencies. Care is provided in a contracted, licensed family child care home to augment regular care arrangements. An application must be completed prior to participation. Call for more details.

Free returning home care

Military members returning home from a 30-day or longer deployment are entitled to 16 hours of free child care for each child 12 years old and younger. An application and a copy of orders must be submitted to the family child care office prior to participation.

Child Development Center 687-5588

Developmental enrichment program

The child development center's pre-school enrichment program will recommence in September. The program is designed to foster language development, social-emotional development, self-help skills, gross and fine motor skills and cognitive development. Parents can sign up their 3 or 4 year olds at the Child Development Center.

Library 687-6217

Tracing genealogies

Learn how to use public records and online resources to trace ancestors and build a family tree. The class takes place 9:30-10:30 a.m. Aug. 25 at the library.

Veterinary Clinic 687-2667

Summer pet safety

By following a few safety tips owners can keep their pets healthy and happy in the sun.

❖Make sure your pets don't overexert themselves by keeping walks to a gentle pace. If your pet is panting a lot or seems exhausted, it's time to stop.

❖When outdoors, keep pets on a leash. This will prevent them from getting lost, fighting with other animals and eating/drinking things that could make them sick.